# SIMPSON ONLINE

## Adaptive and Resilient Leadership Series

### Gain new insights with bite-sized excerpts from Simpson degree and certificate programs.

These workshops can be taken individually or as a series. Taught by Simpson faculty, each 1-hour course focuses on an essential skill or foundational element of adaptive and resilient leadership.

#### **TRAUMA AND RESILIENCE:**

#### **Recognition and Self-Care Strategies**

Our world is complex and trauma exists. It affects how people show up and how we lead. Build strength as a leader by being able to recognize trauma, become aware of how trauma affects behavior, and gain self-care strategies.

#### **DATA ANALYSIS:**

#### Influence Through Data Storytelling

One of the most challenging aspects of leadership is being able to make the case for a project or idea. Learn how to analyze data and create clear, effective visualizations to help stakeholders feel confident in the direction you propose.

#### MANAGEMENT:

#### Fundamentals of Effective Project Management

Guiding a project from start to finish can be daunting. Develop an understanding of how to build and balance a project scope, detail a timeline, and anticipate project costs. Having the basics of project management will set you up for success as a leader.

#### WHEN:

Thursday, September 18th, 2025

#### LOCATION:

Hubbell Hall, Kent Campus Center -Simpson College

#### **DURATION:**

One-hour each. Courses take place on same day.

#### **REGISTRATION DEADLINE:**

September 10th

#### COST:

\$79/course or \$195/series



#### Scan the QR code

to register for the Adaptive and Resilient Leadership Series

### SIMPSON COLLEGE

simpson.edu/leadershipseries