

## Adaptive and Resilient Leadership Series



Gain new insights with bite-sized excerpts from Simpson degree and certificate programs.

These workshops can be taken individually or as a series. Taught by Simpson faculty, each 1-hour course focuses on an essential skill or foundational element of adaptive and resilient leadership.

### **TRAUMA AND RESILIENCE:**

#### **Recognition and Self-Care Strategies**

Our world is complex and trauma exists. It affects how people show up and how we lead. Build strength as a leader by being able to recognize trauma, become aware of how trauma affects behavior, and gain self-care strategies.

### **DATA ANALYSIS:**

#### **Influence Through Data Storytelling**

One of the most challenging aspects of leadership is being able to make the case for a project or idea. Learn how to analyze data and create clear, effective visualizations to help stakeholders feel confident in the direction you propose.

### **MANAGEMENT:**

#### **Fundamentals of Effective Project Management**

Guiding a project from start to finish can be daunting. Develop an understanding of how to build and balance a project scope, detail a timeline, and anticipate project costs. Having the basics of project management will set you up for success as a leader.

### **WHEN:**

Thursday, November 13th, 2025

### **LOCATION:**

Hubbell Hall, Kent Campus Center -  
Simpson College

### **AGENDA:**

#### **Trauma and Resilience:**

Recognition and Self-Care Strategies:  
12:30pm - 1:30pm

#### **Data Analysis:**

Influence Through Data Storytelling:  
2:00pm - 3:00pm

#### **Management:**

Fundamentals of Effective Project  
Management: 3:30pm - 4:30pm

### **COST:**

\$79/course or \$195/series



### **Scan the QR code**

to register or visit  
[simpson.edu/  
leadershipseries](https://simpson.edu/leadershipseries)

**Deadline to register is  
November 6th**