



Health Care Reform

★★★ INFORMATION UPDATE

October 2010

Preventive Health Services Covered Under the Affordable Care Act (ACA)

The following is a summary of the preventive health services that are required to be covered with no member cost-share by non-grandfathered plans when the preventive services provision of the health care reform law becomes effective, and such services are provided by in-network providers. This list is based on information available online at the federal government's Health Care Reform Site:

<http://www.healthcare.gov/law/provisions/preventive/index.html>.

For Adults	For Pregnant Women
Abdominal Aortic Aneurysm screening for men aged 65-75	Asymptomatic bacteriuria screening (UTI)
Adult immunizations <i>(provided in a physician's office or at a pharmacy)</i>	Rh (D) incompatibility screening
Alcohol misuse screening & behavioral counseling interventions	Daily folic acid supplements for women capable of becoming pregnant <i>(prescription required for full coverage)</i>
Aspirin for the prevention of cardiovascular disease in men and women of certain ages <i>(prescription required for full coverage)</i>	Hepatitis B virus infection screening
Bone density (osteoporosis screening) for women	Iron deficiency anemia screening
Breast and ovarian cancer susceptibility & genetic risk assessment and BRCA mutation testing for at-risk women	Primary care Interventions to promote breastfeeding
Breast cancer screening (including mammography)	Sexually transmitted infections counseling
Cervical cancer screening	STD testing based on risk (other than Chlamydia & HIV)
Chlamydia screening for women and pregnant women	Syphilis infection screening for those at higher risk
Colorectal cancer screening - colonoscopy, sigmoidoscopy, laboratory & pathology	For Newborns/Children
Depression screening for adults	Congenital hypothyroidism screening for newborns
Diabetes screening for adults	Dental caries screening for preschool children
Diet & behavioral counseling in primary care to promote a healthy diet	Fluoride treatment for children <i>(prescription required for full coverage)</i>
Gonorrhea screening for women, including pregnant women, at higher risk	Major depressive disorder screening for children and adolescents
High blood pressure screening	Gonorrhea, prophylactic medication for newborns <i>(prescription required for full coverage)</i>
HIV screening	Hearing loss screening for newborns
Lipid screening	Immunizations (provided in a physician's office or at a pharmacy)
Obesity screening	Iron supplements for at risk infants 6 -12 months <i>(prescription required for full coverage)</i>
Osteoporosis screening for post-menopausal women	Phenylketonuria screening for newborns
Sexually transmitted infections & counseling for at risk populations	Screening and interventions for childhood obesity
Syphilis infection screening for at risk populations	Sickle Cell disease screening for newborns
Tobacco use screening and counseling	Tuberculosis screening for at risk children
	Visual impairment screening for children younger than age 5 yrs.



Notes

- **The list above is not all-inclusive and benefits are not guaranteed.** Age and gender limitations may apply. For more information on required preventive services, go to the federal government's Health Care Reform site <http://www.healthcare.gov/law/about/provisions/services/lists.html>.
- Wellmark will apply its standard medical management policies and procedures, as specifically mentioned and allowed under the Affordable Care Act.
- Only preventive services received from a network provider will be covered at 100% with no member cost share.
- The list of preventive services included in the law are recommended either by the United States Task Force for Preventive Services (USPSTF)* the Health Resource Services Administration (HRSA)*, and the Centers for Disease Control and Prevention (CDC)*. Please note that there are differences between preventive screenings, exams and services vs. treatment for a specific disease or illness.
- The following is a link to the recommended immunizations schedules:
<http://www.cdc.gov/vaccines/recs/schedules/default.htm>.

* Section 2713 of the ACA references recommendations by the USPSTF, the HRSA, and the CDC.

- **The United States Preventive Services Task Force** is a federal agency that makes its recommendations on the basis of explicit criteria. Recommendations issued by the USPSTF are intended for use in the primary care setting. The Task Force recommendation statements present health care providers with information about the evidence behind each recommendation, allowing clinicians to make informed decisions about implementation. Wellmark consults with the Task Force regularly to determine how preventive services may be covered.
- **The Health Resources and Services Administration (HRSA)**, an agency of the U.S. Department of Health and Human Services, (HHS) is the primary Federal agency for improving access to health care services for people who are uninsured, isolated or medically vulnerable.
- **The Centers for Disease Control and Prevention:** one of the major operating components of the Department of Health and Human Services, CDC's Mission is to collaborate to create the expertise, information, and tools that people and communities need to protect their health – through health promotion, prevention of disease, injury and disability, and preparedness for new health threats.

Wellmark is not providing any legal advice with regard to compliance with the requirements of the Affordable Care Act ("ACA") and Mental Health Parity and Addiction Equity Act ("MHPAEA"). Regulations and guidance on specific provisions of the ACA and MHPAEA have been and will continue to be provided by the U.S. Department of Health and Human Services ("HHS") and/or other agencies. The information provided reflects Wellmark's understanding of the most current information and is subject to change without further notice. Please note that plan benefits, rates, renewal rate adjustments, and rating impact calculations are subject to change and may be revised during a plan's rating period based on guidance and regulations issued by HHS or other agencies. Wellmark makes no representation as to the impact of plan changes on a plan's grandfathered status or interpretation or implementation of any other provisions of ACA or MHPAEA. Any questions about Wellmark's approach to the ACA or MHPAEA may be referred to your Wellmark account representative.