Exercise Science Major

Students planning to complete an Exercise Science Major at Simpson College will benefit by selecting courses from the following list to fulfill the **Distributive/Elective requirements of their Liberal Arts - AA degree.**

If a student has not met the pre-requisites for these courses, additional courses may be needed. Please check course descriptions or check with an advisor before registering if you have questions.

Students who complete an Associate of Arts (AA) degree at DMACC prior to transfer will have fulfilled all of the requirements of Simpson's general education curriculum.

Suggested DMACC Courses for Simpson Exercise Science Major	
BIO 156	**Human Biology**
PEH 190	**Sports Nutrition**
PET 110	**Intro to Athletic Training**
PEH 265	**Leadership Tech Fitness Prog**
PEH 141	**First Aid**
PEH 920	**Field Experience**

Updated July 2012